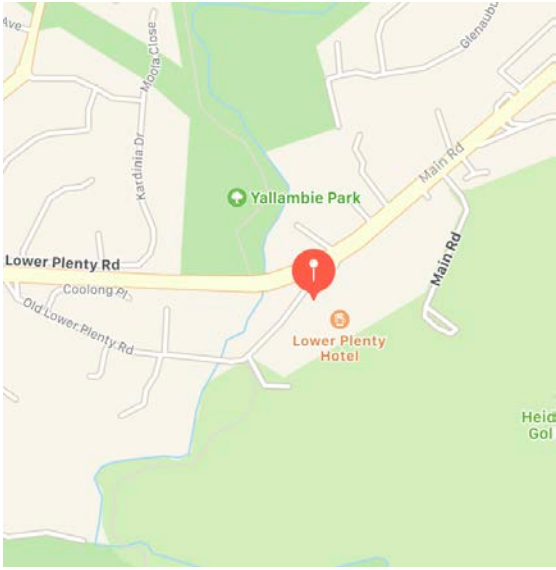
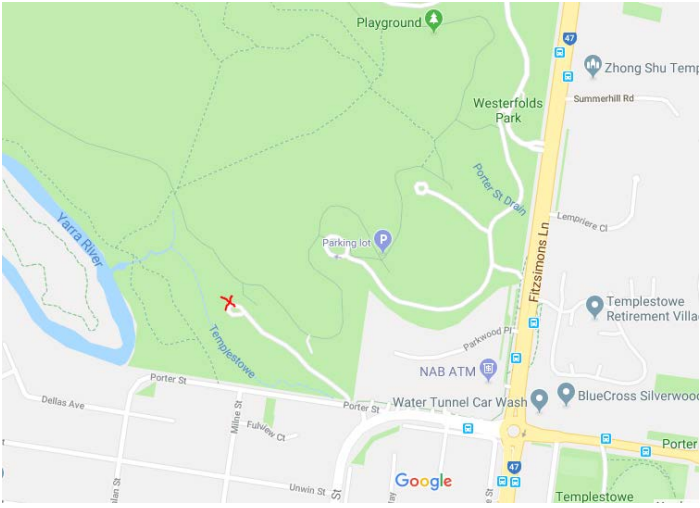



DCR Timetable September 2019

Tuesday	Thursday	Sunday	
<p>3rd September 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Double Trouble</p>	<p>5th September</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>8th September</p> <p>Trail: Main Yarra Trail</p> <p>Meeting place: Lower Plenty Hotel</p> <p>Time: 8am</p> <p>Distance: 5km, 8km, 10km+</p>	
<p>10th September 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Hill Repeats, Broadgully Road</p>	<p>12th September</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>15th September</p> <p>Trail: Westerfolds Road and Trail Run</p> <p>Meeting place: Porter Street Carpark</p> <p>Distance: 5km, 8km, 10km+</p>	

<p>17th September 7pm – Group Run Willinda Park</p> <p>7:25pm – 800s</p>	<p>19th September</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>22nd September</p> <p>Trail: Main Yarra Trail</p> <p>Meeting place: Heidelberg Football Club</p> <p>Time: 8am</p> <p>Distance: 5km, 8km, 10km+</p>	
<p>24th September 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Pyramid</p>	<p>26th September</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>29th September</p> <p>Trail: Ridge Road</p> <p>Meeting place: Corner Ridge Road and Arthurs Creek Rd Doreen.</p> <p>Time: 8am</p> <p>Distance: 5km, 8km, 10km+</p>	