


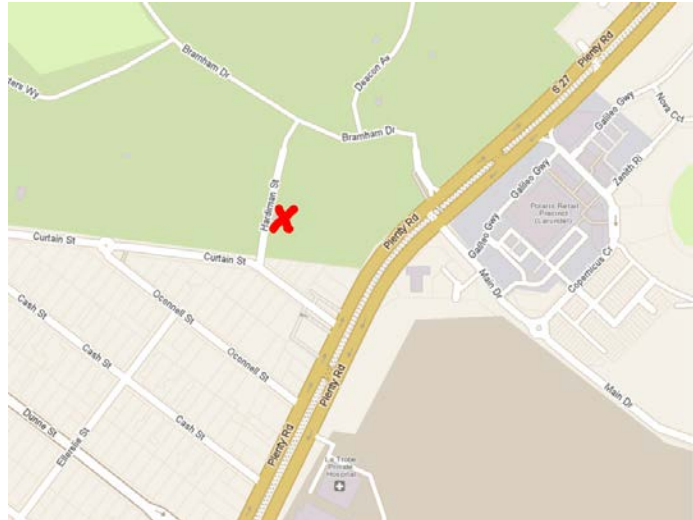
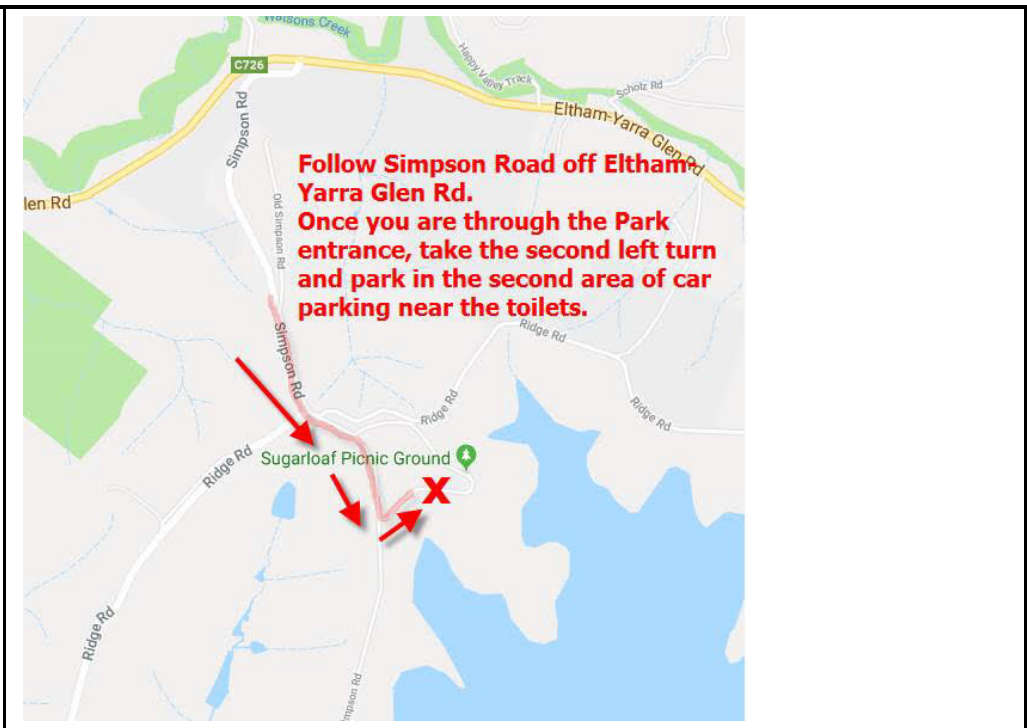


# DCR Timetable June 2019

Tuesday	Thursday	Sunday	
<p>28<sup>th</sup> May</p> <p>7pm – Group Run Marngrook</p> <p>7:25pm – 400s Increasing</p>	<p>30<sup>th</sup> May</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>2<sup>th</sup> June</p> <p><b>Trail:</b> Westerfolds (Two options, path or trail)</p> <p><b>Meeting place:</b> The Manor House</p> <p>8am – Group Run</p> <p><b>Distance:</b> 5km, 8km, 10km+</p>	 <p>A satellite-style map of Westerfolds Park. A red arrow points to a building labeled 'Manor House' located near 'Westerfolds Park Circuit' and a 'Parking Lot'. Other landmarks include 'Playground', 'Westerfolds Park', and 'Roper St Drain'. The map also shows 'Fitzsimons Ln' and 'Enterprise Dr'.</p>
<p>4<sup>th</sup> June</p> <p>7pm – Group Run Willinda Park</p> <p>7:25pm – Whistle Fartlek</p>	<p>6<sup>th</sup> June</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>9<sup>th</sup> June</p> <p><b>Trail:</b> Ring Road (Uni Hill 8am – Group Run</p> <p><b>Meeting place:</b> La Salita, Enterprise Drive Bundoora.</p> <p><b>Distance:</b> 5km, 8km, 10km+</p>	 <p>A street map of Bundoora, Victoria. A red circle highlights a location on Enterprise Drive labeled 'La Salita'. Other nearby locations include 'Northway Honda', 'Bundoora Presbyterian Church', 'Lollipop's Playland and Cafe Bundoora', 'Rapid Map Services', 'Companion Brands', and 'LED Technic'. Major roads like 'Metropolitan Ring Rd' and 'Enterprise Dr' are visible.</p>

<p>11<sup>th</sup> June 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Hills @ Broadgully Road</p>	<p>13<sup>th</sup> June</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>16<sup>th</sup> June</p> <p><b>Trail:</b> Heidelberg, Main Yarra Trail</p> <p><b>Meeting place:</b> Heidelberg Football Club, Beverly Road</p> <p><b>Time:</b> 8am</p> <p><b>Distance:</b> 5km, 8km, 10km+</p>	
<p>18<sup>th</sup> June 7pm – Group Run Marngrook Oval &amp; Beep Test</p> <p>7:25pm – 6 to One</p>	<p>20<sup>th</sup> June</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>23<sup>rd</sup> June</p> <p><b>Trail:</b> Darebin Trail, Bundoora</p> <p><b>Meeting place:</b> Bundoora Park, Hardiman Street.</p> <p><b>Time:</b> 8am</p> <p><b>Distance:</b> 5km, 8km, 10km+</p>	

<p>25<sup>th</sup> June 7pm – Group Run Willinda Park</p> <p>7:25pm – Reducing Recoveries</p>	<p>27<sup>th</sup> June</p> <p>9:30am – Group Run Marngrook Oval</p> <p>7pm – Group Run Marngrook Oval</p>	<p>30<sup>th</sup> June</p> <p><b>Trail:</b> Sugarloaf – Path and Trail</p> <p><b>Meeting place:</b> Sugarloaf Picnic Ground</p> <p><b>Time:</b> 8am</p> <p><b>Distance:</b> 5km Path, 5km &amp; 16km Trial Options</p>	 <p><b>Follow Simpson Road off Eltham-Yarra Glen Rd. Once you are through the Park entrance, take the second left turn and park in the second area of car parking near the toilets.</b></p>
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