



DCR Timetable January 2019

Tuesday	Thursday	Sunday	
<p>1st January 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Deeks Quarters Marngrook Oval</p>	<p>3rd January 7pm – Group Run Marngrook Oval</p>	<p>6th January</p> <p>Trail: Plenty River Trail Meeting place: Lower Plenty Hotel, 4 Main Road, Lower Plenty</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	
<p>8th January 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Indian File Marngrook Oval</p>	<p>10th January 7pm – Group Run Marngrook Oval</p>	<p>13th January</p> <p>Trail: Ridge Road Meeting place: Corner of Ridge Rd and Arthurs Creek Rd. Parking on the side of the road (no official car park).</p> <p>Note: there are no toilets or taps at this venue ***BYO Water and tissues in case of emergency pit stop!***</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	

<p>15 January 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Reducing Recoveries Marngrook Oval</p>	<p>17 January</p> <p>7pm – Group Run Marngrook Oval</p>	<p>20 January</p> <p>Trail: Ring Road Meeting place: Diamond Valley Library, Civic Dr, Greensborough (see X on map)</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p> <p>Please note there are no toilets or taps at this venue</p>	
<p>22 January 7pm – Group Run Marngrook Oval</p> <p>7:25pm – Random Surges Marngrook Oval</p>	<p>24 January</p> <p>7pm – Group Run Marngrook Oval</p>	<p>27 January</p> <p>Trail: Diamond Creek/Main Yarra Trail Meeting place: At playground to left of roundabout at Eltham Lower Park, Main Rd, Eltham</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	
<p>29 January 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Hill Reps Christians Road Meet at Hurstbridge Primary School car park</p>	<p>31 January</p> <p>7pm – Group Run Marngrook Oval</p>	<p>3 February</p> <p>Trail: Darebin Trail Meeting place: Bundoora Park Enter via the main entrance (Fairway drive), take first left into Hardiman St Carpark.</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	