

DCR Timetable December 2018

Tuesday	Thursday	Sunday	
<p>4th December 7pm – Group Run and STR Marngrook Oval</p> <p>7:30pm – Double Up Marngrook Oval</p>	<p>6th December 7pm – Group Run and STR Marngrook Oval</p>	<p>9th December</p> <p>Trail: Westerfolds Park Meeting place: Meet at the Manor House. Turn left on entry to the park and follow the road up the hill (see arrow on map)</p> <p>Time: 8am Distance: Start to Run, 5km, 8km, 10km+</p>	
<p>11th December 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Whistle Fartlek Marngrook Oval</p>	<p>13th December 7pm – Group Run Marngrook Oval</p>	<p>16th December Group Run and Trails</p> <p>Trail: Sugarloaf Meeting place: Sugarloaf Reservoir Park - See details on map. 2 options – sealed and trail runs.</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	

<p>18th December 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Hill reps Christians Road Meet at Hurstbridge Primary School car park</p>	<p>20th December</p> <p>7pm – Group Run Marngrook Oval</p>	<p>23rd December 8am – Group Run Trail: Mullum Mullum Trail Meeting place: Beasleys Teahouse - 195 Heidelberg-Warrandyte Road, Doncaster East</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p> <p>Join us for tea/coffee afterwards</p>	
<p>25th December</p> <p>No organised run today – Merry Xmas!</p>	<p>27th December</p> <p>No organised run today</p>	<p>30th December</p> <p>No organised run today – normal service will resume on Tuesday 1 January!</p>	