
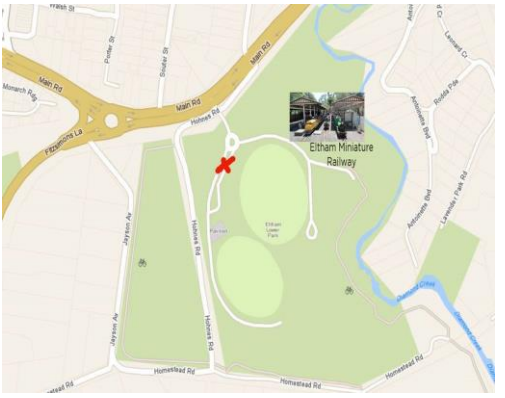
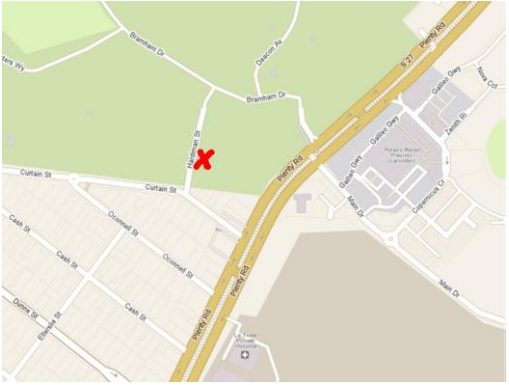


DCR Timetable November 2018

Tuesday	Thursday	Sunday	
<p>6th November 7pm – Group Run and STR Marngrook Oval</p> <p>7:30pm – Hills Christians Road Meet at Hurstbridge Primary School</p>	<p>8th November 7pm – Group Run and STR Marngrook Oval</p>	<p>11th November Trail: Ring Rd Trail Meeting place: Diamond Valley Library. Civic Dr, Greensborough (see X on map)</p> <p>Time: 8am Distance: Start to Run, 5km, 8km, 10km+</p> <p style="background-color: yellow;">Please note there are no toilets or taps at this venue</p>	
<p>13th November 7pm – Group Run and STR Marngrook Oval</p> <p>7:30pm – 1km intervals Marngrook Oval</p>	<p>15th November 7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>18th November Group Run, Trails and STR</p> <p>Trail: Diamond Creek/Main Yarra Trail Meeting place: At playground to left of roundabout at Eltham Lower Park, Main Rd, Eltham</p> <p>Time: 8am Distance: 5km, 8km, 10km+</p>	

<p>20th November 7pm – Group Run 7pm – Start to Run Marngrook Oval</p> <p>7:30pm – Increasing pace 400s Marngrook Oval</p>	<p>22nd November</p> <p>1km time trial 1910</p> <p>7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>25th November</p> <p>8am – Group Run and STR</p> <p>Trail: Darebin Trail</p> <p>Meeting place: Bundoora Park</p> <p>Enter via the main entrance (Fairway drive), take first left into Hardiman St Carpark - see X on map)</p>	
<p>27th November 7pm – Group Run 7pm - Start to Run Marngrook Oval</p> <p>7:30pm – Gear Shifter Marngrook Oval</p>	<p>29th November</p> <p>7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>2nd December</p> <p>8am – Group Run 8am - STR</p> <p>Trail: Aqueduct Trail</p> <p>Meeting place: Corner Godber Rd & Allendale Rd (top of hill), Diamond Creek</p> <p><i>Please be considerate to locals when parking and making noise before we run. Gather on the path not the road.</i></p> <p>Note - no toilets or taps at start.</p>	