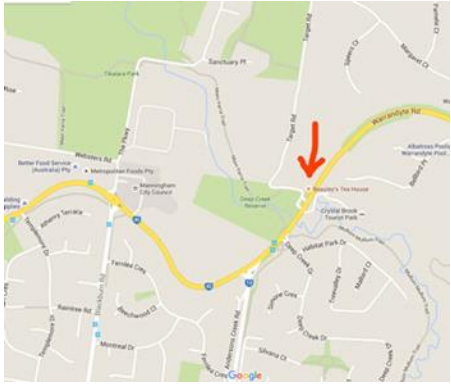
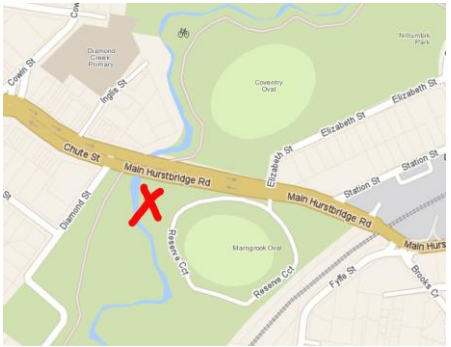
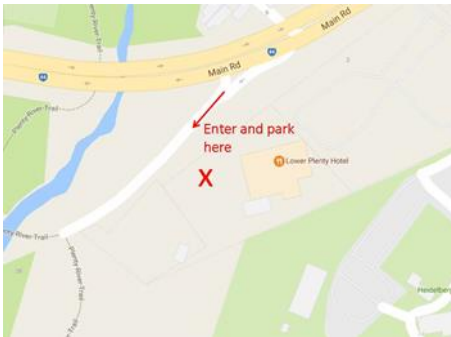
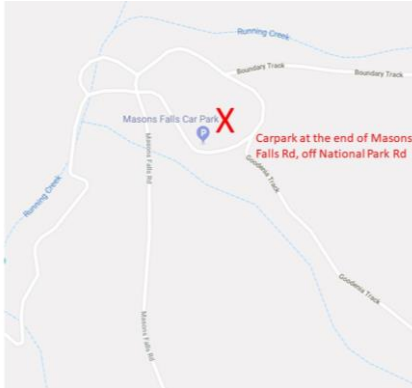


DCR Timetable October 2018

Tuesday	Thursday	Sunday	
<p>2nd October 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Indian File Marngrook Oval</p>	<p>4th October 7pm – Group Run Marngrook Oval</p>	<p>7th October 8am – Group Run 8am – Start to Run Trail: Mullum Mullum Trail Meeting place: Beasley's Teahouse, 195 Heidelberg-Warrandyte Road Doncaster East</p> <p>Join us for coffee afterwards at the café.</p>	
<p>9th October 7pm – Group Run 7pm - Start to Run Starts Marngrook Oval</p> <p>7:30pm – Relays Marngrook Oval</p>	<p>11th October 7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>14th October 8am – Group Run 8am – Start to Run Trail: Diamond Creek Trail Meeting place: Marngrook Oval</p>	
<p>16th October 7pm – Group Run 7pm – Start to Run Marngrook Oval</p> <p>7:30pm – Winders Marngrook Oval</p>	<p>18th October 7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>21st October 8am – Group Run 8am – Start to Run Trail: Plenty River Trail Meeting place: Lower Plenty Hotel, 4 Main Road, Lower Plenty</p> <p>Note there is also a trail run option in Kinglake today (see below)</p>	

		<p>21st October 8am – Trail Run Trail: 5km loop or 18km Masons Falls to Mt Sugarloaf Meeting place: Masons Falls carpark, Masons Falls Rd, Kinglake 5km or 18km runs available</p> <p>Toilets available at the start. No water available at the start.</p>	
<p>23rd October 7pm – Group Run 7pm - Start to Run Marngrook Oval</p> <p>7:30pm – Pyramid Marngrook Oval</p>	<p>25th October 7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>28th October</p> <p>Note – No Group Run or Start to Run today as DCR is supporting the Run for the Fires in Eltham. See http://runforthefires.com/ to enter or go and cheer!</p>	
<p>30th October 7pm – Group Run 7pm – Start to Run Marngrook Oval</p> <p>7:30pm – Mona Fartlek Marngrook Oval</p>	<p>1st November 7pm – Group Run 7pm - Start to Run Marngrook Oval</p>	<p>4th November 8am – Group Run 8am – Start to Run Trail: Ridge Rd, Doreen Meeting place: Corner of Ridge Rd and Arthurs Creek Rd. Parking on the side of the road (no official car park).</p> <p>Note: there are no toilets or taps at this venue ***BYO Water and tissues in case of emergency pit stop!***</p>	