
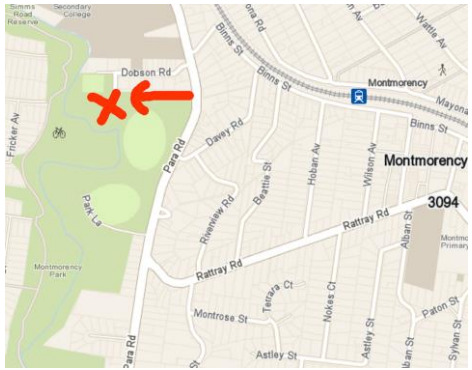


DCR Timetable December 2017

Tuesday	Thursday	Sunday
<p>28th Nov 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Skills Gear Shifter Marngrook Oval</p>	<p>30th Nov 7pm – Group Run Marngrook Oval</p>	<p>3rd Dec Trail: Ridge Rd, Doreen Meeting place: Corner of Ridge Rd and Arthurs Creek Rd. Parking on the side of the road (no official car park). Time: 8am Distance: 5km, 8km+ Note: there are no toilets or taps at this venue ***BYO Water and tissues in case of emergency pit stop!***</p> 
<p>5th Dec 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Skills 1km Repeats Marngrook Oval</p>	<p>7th Dec 7pm – Group Run Marngrook Oval</p>	<p>10th Dec DCR Fun Run & Christmas Party Trail: Diamond Creek Trail Meeting place: Marngrook Oval Time: 10am Distance: 3km 5km, 10km</p> <p>Christmas Party at the Diamond Creek Bowling Club following the Fun Run for members and their families. RSVP via Facebook or email diamondcreekrunners@gmail.com</p> 

<p>12th Dec 7pm – Group Run Marngrook Oval</p> <p>7:30pm – Skills Winders Willinda Park athletics track Beatrix Ave, Greensborough</p>	<p>14th Dec 7pm – Group Run Marngrook Oval</p>	<p>17th Dec Trail: Aqueduct Trail Meeting place: Corner Godber Rd & Allendale Rd (top of hill), Diamond Creek Time: 8am Distance: 5km, 8km, 10km+ <i>Please be considerate to locals when parking and making noise before we run. Gather on the path not the road.</i> Note - no toilets or taps at start.</p>	
<p>19th Dec 7pm – Group Run Marngrook Oval</p> <p>7.10pm – Beep Test 7:30pm – Skills Random Surges Marngrook Oval</p>	<p>21st Dec 7pm – Group Run Marngrook Oval</p>	<p>24th Dec Trail: Plenty River Trail Meeting place: Montmorency Football Club Time: 8am Distance: 5km, 8km, 10km+</p>	
<p>26th December NO SESSION, CHRISTMAS BREAK</p>	<p>28th Dec NO SESSION, CHRISTMAS BREAK.</p>	<p>31st Dec NO SESSION, CHRISTMAS BREAK.</p>	<p>Monday 1st Jan 8am Parkrun at Westerfolds Park 9.30am Parkrun at Diamond Creek.</p>